

NEW COLLEGE SCHOOL MENU I



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Main Meal

Main Meal

Main Meal

**Soup of the day
Main Meal**

Main Meal

Southern Style Quorn Fillet
or Chicken Kiev
Farmhouse Vegetables
Shredded Cabbage
Roasted New Potatoes
Onion Gravy

Pork Meatballs
Cous Cous
Peas & Sweetcorn
Sliced Carrots

Tuna Pasta Bake
Garlic Bread slice
Fine Green Beans

Beef Massala
Basmati Rice
Nann Bread
Pappadums
Baton Carrots

Breaded Haddock,
or Breaded Plaice
Breaded Scampi
Fish Fingers
French Fries
Garden Peas

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(V)

Breaded Vegetable Burger
or Vegetable Pie

Tomato, Lentil Lasagne
Cornish Pasty

Penne Pasta in a Rich
Tomato sauce
Cauliflower & Broccoli
Cheese

Vegetable Samosa
Or Quorn Rogan Josh

Vegetarian Chef special
or Cheese Omelette,

Freshly prepared salad bar

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Freshly prepared salad bar

*A baked potato is always
available as a healthy option

*A Jacket Potato is available
As a healthy option

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A Choice of Desserts

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Cornflake Tart
Fruit pots
Fruit Yoghurt
Fresh Fruit

Chocolate Brownie Cake
Fruit Yoghurt
Fresh Fruit

Butterscotch Mousse
Fruit Yoghurt
Fresh Fruit

Jam Sponge with Creamy
Custard
Fruit Yoghurt
Fresh Fruit or Orange Wedge

Rhubarb Oaty Crumble
Vanilla Ice Cream
Exotic Fruit salad
Fruit Yoghurt
Fresh Fruit

**Allergens for each day listed
below:**

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Allergens for each day listed below:

Dairy ,Gluten, Milk, Eggs,

Eggs, Wheat, Lupin traces, Dairy

Milk, Gluten, Dairy

Milk, Gluten, Dairy, Wheat

Eggs, Milk, Fish, Dairy

The menu may be subject to change depending on the availability of products by our suppliers. We apologise for any inconvenience this may cause.